

CONVERSION TABLES

Miles in kilometres

1 mile = 1.609 kilometres (km.)

miles	10	20	30	40	50	60	70	80	90	100
km.	16	32	48	64	80	97	113	129	145	161

Kilometers into miles

1 kilometre (km.) = 0.62 miles

km.	10	20	30	40	50	60	70	80	90	100
miles	6	12	19	25	31	37	44	50	56	62

Fluid measures

1 litre (l.) = 0.88 imp. quart or 1.06 U.S. quart
 1 imp. quart = 1.14 l. 1 U.S. quart = 0.95 l.
 1 imp. gallon = 4.55 l. 1 U.S. gallon = 3.8 l.

litres	5	10	15	20	25	30	35	40	45	50
imp.gal.	1.1	2.2	3.3	4.4	5.5	6.6	7.7	8.8	9.9	11.0
US gal.	1.3	2.6	3.9	5.2	6.5	7.8	9.1	10.4	11.7	13.0

Weights and measures

1 kilogram or kilo (kg.) = 1000 grams (g.)

100 g. = 3.5 oz. ½ kg = 1.1 lb.
 200 g. = 7.0 oz 1 kg. = 2.2 lb.
 1 oz. = 28.35 g.
 1 lb. = 453.60 g.

Temperature

To convert Centigrade into degrees Fahrenheit, multiply Centigrade by 1.8 and add 32. To convert degrees Fahrenheit into Centigrade, subtract 32 from Fahrenheit and divide by 1.8.

C°	F°
40	105
36.8	98.6
35	95
30	86
25	77
20	68
15	59
10	50
5	41
0	32
-5	23
-10	14
-15	5
-18	0
-20	-4

Centimetres and inches

To change centimetres into inches, multiply by .39.
 To change inches into centimetres, multiply by 2.54.

	in.	feet	yards
1mm	0.039	0.003	0.001
1cm	0.39	0.03	0.01
1dm	3.94	0.32	0.10
1m	39.40	3.28	1.09

cm.	1	2	3	4	5	6	7	8	9	10	11	12
inches	1			2			3			4		